

# APRIL

2019



**GOOD EATS AT**

Charlotte Elementary School

**SPECIAL ANNOUNCEMENTS**

Fish offered each Friday until Easter Holiday

I'm the **BOUNDLESS BERRY**

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger

M	T	W	TH	F
Biscuit & Sausage Steak Fingers Mashed Potatoes/Gravy Broccoli Roll Fruit & Milk 1	Mini Pancakes Orange Chicken Asian Rice Oriental Veggies Fruit & Milk Fortune Cookie 2	Breakfast Pizza Chili Cheese Fries Pinto Beans Corn Bread Salad Fruit & Milk 3	Pop tarts & Cheese Stick Hamburger Baked Tots Lettuce & Tomato Fruit & Milk 4	Breakfast Burritos Pepperoni Pizza Green Beans Garlic Roll Fruit & Milk 5
Breakfast Muffin Chicken Rings Mashed Potatoes/Gravy Peas & Carrots Fruit & Milk 8	Grill Cheese Sandwich Hot Dogs Baked Beans Carrot Sticks/Dip Fruit & Milk 9	Cereal & Crackers Beefy Nachos Refried Beans Lettuce & Tomato Fruit & Milk 10	Sausage Roll Chicken Burger Baked Sweet Tots Lettuce & Tomato Fruit & Milk 11	Breakfast Burritos Pepperoni Pizza Green Beans Garlic Roll Fruit & Milk 12
French Toast Sticks Baked Chicken Mashed Potatoes/Gravy Peas Roll Fruit & Milk 15	Breakfast Bagel Corn Dogs Mac & Cheese Veggie Tray/Dip Fruit & Milk 16	Mini Waffles Crispy Tacos Pinto Beans Lettuce & Tomato Fruit & Milk 17	Cereal & Crackers Hamburgers Baked Fries Lettuce & Tomato Fruit & Milk 18	Good Friday 19
Off 22	Mini Pancakes Sub Sandwiches Baked Chips Carrot Sticks/Dip Fruit & Milk 23	Breakfast Pizza Chicken Nachos Refried Beans Lettuce & Tomato Fruit & Milk 24	Pop tarts & Crackers Hamburgers Baked Fries Lettuce & Tomato Fruit & Milk 25	Breakfast Burritos Spaghetti & Meat Sauce Green Beans Carrot Sticks/Dip Fruit & Milk 26
Biscuits & Sausage Pepperoni Pizza Green Beans Garlic Roll Fruit & Milk 29	Grill Cheese Pepperoni Pizza Green Beans Garlic Roll Fruit & Milk 30	<p><b>ART CONTEST ENDS</b></p> <p><b>"You ART What You Eat"</b> Art Contest ENDS APRIL 12<sup>TH</sup> SquareMeals.org/artcontest</p>		



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

## BOUNDLESS BERRY

Strawberry



During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

### FUN FACT

Strawberry is the most popular berry in the United States.

### BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



**POW!**

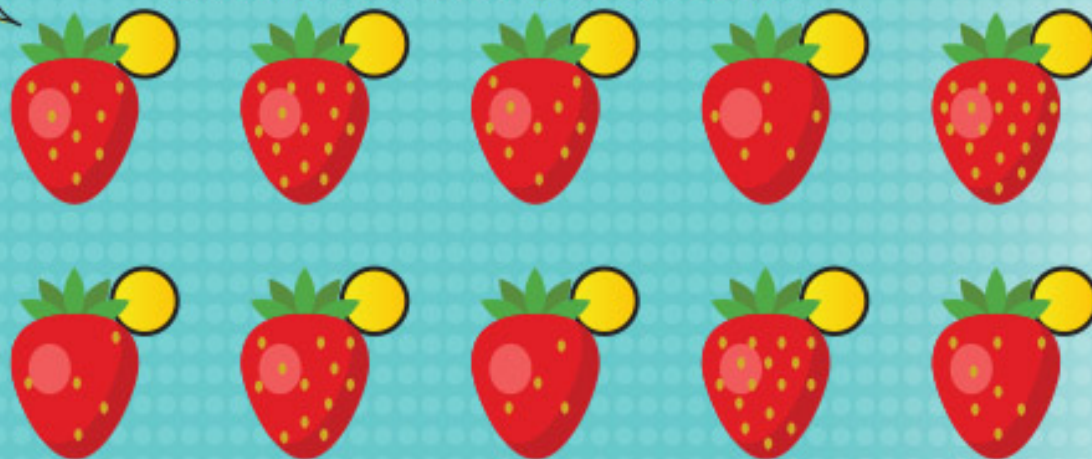
### ARCH ENEMY

Strawberry Flavored Candy



### COUNT 'EM!

Identify the correct number of seeds on each strawberry.



### JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension